

### Licensed with a meal

5am to 11am

### Licensed no meal required

from 11am

# **BREAKFAST**

till 2pm

14.90

### A BIG BREAKFAST starts here....GFO

Free-range Eggs cooked to your liking on sourdough

### Add your favourites

Hash Brown 4.80

Spicy Homemade BAKED BEANS 4.60

Caramelised onion 3.90

Feta 6.50

Bearnaise Sauce 3.50

Homemade Tomato relish 3.90

Grilled Halloumi 6.95

**BACON** 4.90

Mushrooms 4.60

Pork Sausage 4.90

Free-range egg 4.20

FRIED TOMATO 4.50

Smashed Avocado 5.20

Baby Spinach 3.50

**SMOKED SALMON** 6.95

Fried Crumbed Tofu 6.95

Extra Sourdough 3.50

Gluten-free bread 4.50

# A

TRY OUR

**DECADENT AFFOGATOS** 



### **Eggs BENEDICT GFO**

25.9

Thick cut sourdough toast with 2 poached eggs, leg ham, baby spinach, cherry tomatoes and bearnaise sauce, garnished with chia seeds

with BACON + 2.50 SALMON + 4.50

### SMASHED AVO French Toast GFO

27.90

Sourdough soaked in spiced egg and toasted till golden brown and topped with smashed avocado, sauteed mushrooms, Danish feta, pine nuts and drizzled with balsamic glaze

try with poached EGGS and BACON

### BIG BREKKIE Wrap

19.90

Baby spinach, bacon, egg, beef sausage, cheese, mushroom, BBQ sauce

### **VEGGIE Brekkie Wrap**

19.90

Baby spinach, egg, smashed avo, hash brown, cheese, and mushroom

### JUICED DAILY

Watermelon, apple, lemon and mint





Carrot, apple, lemon and ginger

# CHAMBORD MIMOSA 16.50 ESPRESSO MARTINI 19.50

### **SOAK Scrambled Eggs** GFO

24.90

2 scrambled eggs with sauteed mushrooms, red onion, capsicum and baby spinach on thick cut sourdough toast

add a pork sausage or bacon

### Pancakes - HOT CHOC FUDGE

24.90

Fluffy golden brown pancake stack drenched with our chocolate hot fudge sauce and sprinkled with toasted almonds, served with vanilla ice cream and whipped cream

### Pancakes - BERRIES MAPLE CREAM 22.90

Fluffy golden brown pancake stack with mixed berries, maple syrup and whipped cream

Add ice-cream?

### MEXICAN bean and chorizo bowl GFO 26.90

Homemade mildly spicy baked beans with grilled chorizo, toasted sourdough and sunny fried egg

**Delicious with FETA** 

### BLOODY MARY'S AVAILABLE ALL DAY

### **VEGAN Scram** GF

26.90

Pan-fried marinated tofu with caramelized onion, mushrooms, cherry tomato, baby spinach and toasted pine nuts served on a crispy hash brown

### enjoy with our healthy GREEN Breakfast SMOOTHIE

### **Breakfast Bowl GF**

24.90

Natural yogurt with gluten free granola, seasonal fresh fruit and mixed berry coulis

coconut yoghurt + 2.50 Acai + 6

### BREKKIE burger GFO

19.90

Soak's famous brekkie burger

Grilled bacon, egg, caramelized onion, hash brown, cheese and bearnaise sauce

add CHIPS or HASHBROWN

### KIDS BREAKFASTS - under 12 years \$12.90

Scrambled eggs and bacon on toast (gfo)
Ham cheese toasted sandwich (gfo)
Pancakes with berries and maple syrup
Pancakes with hot fudge sauce
Fresh cut fruit salad (gf)
Hash brown 4.50
Ice-cream scoop 3.90





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# **ALL DAY MENU**

**STARTERS & SIDES** 

## SEX ON THE BEACH

### MIDORI ILLUSION

### **CHEESY SOURDOUGH Garlic Bread**

Toasted sourdough with garlic and herb butter and melted cheddar cheese 13.90

### **MUSHROOM & FENNEL ARANCINI**

Sauteed mushroom and fennel risotto balls, crumbed and served with Sriracha mayo 16.90

### **SALT & PEPPER SQUID**

Tender salt and pepper coated squid with tartare sauce 16.90

### Side SALAD

Our house garden salad 10.90

#### **ONION RINGS**

Battered onion rings served with aioli 12.90

### **Cheesy Bacon LOADED FRIES**

Caremelised onion, cheese and bacon melted over crispy fries 22.90

### SLOW-COOKED BEEF and CHEESE FRIES

GF

Slow cooked chunky steak in gravy & melted cheddar 24.90

**VEGAN Loaded FRIES** GF, VE

Spicy homemade baked beans with smashed avo 23.90

### FISH & CHIPS- Spanish Mackerel

38.90

Locally caught fillets cooked to your liking either battered, crumbed or grilled, served with chips, salad, tartare sauce and lemon wedge

#### FISH & CHIPS- Saddle Tail Snapper GF 49.90

Locally caught fillets cooked to your liking either battered, crumbed or grilled, served with chips, salad, tartare sauce and lemon wedge

### Salt & Pepper SQUID

36.90

Tender salt & pepper coated squid pieces served with chips, salad, tartare sauce and lemon wedge

### Crumbed PRAWNS

Locally caught Nickol Bay prawns crumbed and served with chips, salad, tartare sauce and lemon

#### Fish TACOS GE

31.90

49.90

Crumbed Spanish Mackerel tacos with avocado and mango salsa, lemon myrtle dressing served with chips.

ADD

**EXTRAS** 

Spanish Mackerel 11.90 Saddle Tail Snapper 16.90

**Crumbed Prawn 3.60** 

Tartare 1.00 Lemon 0.50

### **KIDS MEALS**

12.90

Schnitzel and Chips Cheeseburger Slider and Chips Battered Fish and Chips Ham and Cheese Toastie



**BEEF EYE FILLET** GF

58.90

Tender eye fillet cooked to your liking served with onion rings, salad and your choice of sauce or topping

### CHICKEN BREAST SCHNITZEL GF

Hand-cut, herb and parmesan crumbed breast fillet served with chips, salad and your choice of sauce or topping

Creamy Pepper, Creamy Mushroom or Creamy Garlic Parmigiana with homemade relish, ham and cheese Surf and turf with prawns in a creamy garlic sauce +12.50

### Pair with local beer from the

ESTO 2011-

CHICKEN BACON DELUXE Burger GFO

29.90 Marinated chicken breast fillet with bacon, lettuce and ranch sauce

**KANS** BURGER aka "the Lot"

32.90

180g house-made burger patty, bacon, fried egg, cheese, tomato, mushroom, lettuce, beetroot relish on a seeded milk bun

CHEESEBURGER GFO

28.90

180g housemade burger patty, pickles, onion, burger sauce and double cheese on a seeded milk bun

Double +6.50 Triple + 11.50

### SOAK STEAK Sanga

32.90

Tender eye fillet steak w caramelised onion, spinach, dill pickles, cheese, mushroom and mustard and aioli on toasted sourdough

### FISH Burger

29.90

Spanish Mackerel cooked to your liking either grilled, crumbed or battered with salad and lemon myrtle dressing

### HALLOUMI Burger

29.90

Grilled halloumi with baby spinach, smashed avo, mushrooms, caramelised onion, tomato on a seeded milk bun

MAKE IT VEGAN; Tofu + Regular Bread Roll

BURGER

Caramelised Onion 1.60 Pickles 0.50

Hamburger Patty 5.90 Free-range Egg 4.20

Bacon 4.90 Aioli 1.30

Cheese 0.90 **Grilled Pineapple 2.90** 

Beetroot 1.20

#### 19.90 **GARDEN SALAD**

Saddle tail snapper 16.90 Feta and pine nuts 8.90

Our fresh house salad with your choice of Grilled Moroccan chicken +10 Grilled Nickol Bay prawns (6) + 18 Eye fillet 150g +15 Spanish Mackerel 11.90

